

Capital Gymnastics National Training Center

2021 SUMMER CAMP SCHEDULE

Camp	Weeks Offered	Time	Max	Tentative Staff
Girl's Gymnastics (Ages 5-8)	Weeks 1-9	9:00am-12:00pm	10	Rose
Girl's Gymnastics (Ages 9 & Up)	Weeks 1-9	9:00am-12:00pm	10	Josh (odd), Danielle (even)
Boy's Gymnastics (Ages 5 & up)	Weeks 2, 4, 6, 8	9:00am-12:00pm	10	Alex
Cheer (Ages 5 & up)	Weeks 1-9	8:00am-11:00am	10	Lily
Tumbling & Trampoline (Ages 6-8)	Weeks 1-9	9:00am-12:00pm	10	Emili
Tumbling & Trampoline (Ages 9 & up)	Weeks 1-9	9:00am-12:00pm	10	Alex (odd), Josh (even)
Preschool (ages 3 & 4)	Weeks 1, 3, 5, 7	8:00am-11:00am	5	Danielle

Week #1 Theme: Rock-N-Roll

Jun 21-Jun 25

Week #2 Theme: Celebrate America (Red, White, Blue)

Jun 28-Jul 2

Week #3 Theme: Superhero

Jul 5-Jul 9

Week #4 Theme: Safari Adventure

Jul 12-Jul 16

Week #5 Theme: Disney Mania

Jul 19-Jul 23

Week #6 Theme: Summer Olympics

Jul 26-Jul 30

Week #7 Theme: Beach Party

Aug 2-Aug 6

Week #8 Theme: Rainbow Explosion

Aug 9-Aug 13

Week #9 Theme: Capital Spirit

Aug 16-Aug 20

Cost: \$195/week