

CGNTC TEAM TENTATIVE FALL SCHEDULE 2021-2022 SEASON

updated 8/2/2021

LEVEL	HRS.	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.	Monthly
BOYS									
BOYS GROUP A	20	4:00-8:00	4:00-8:00	4:00-8:00	4:00-8:00		8:00-12:00		457
BOYS GROUP B	18	6:00-9:15		6:00-9:15	6:00-9:15	4:00-8:15	12:30-4:30		434
BOYS GROUP C	17	4:00-6:30	4:00-6:45	4:00-6:30	4:00-6:30	4:00-6:45	8:00-12:00		425
BOYS GROUP D	15.75	7:00-9:15	6:45-9:15	7:00-9:15	7:00-9:15	6:45-9:15	12:30-4:30		403
BOYS GROUP E	13.5	4:15-6:30	4:15-6:30	4:15-6:30		6:15-9:00	12:30-4:30		378
BOYS Preteam A	4		6:30-8:30			4:15-6:15			259
GIRLS									
GIRLS OPT A	29.25	1:00-5:30	8-10 / 1:30-5:15	12:30-4:45	8-10 / 12:45-5:00	1:30-5:30	10:00-2:30		555
GIRLS OPT B	22.5	3:30-8:00	3:30-8:00	3:30-8:00		3:30-8:00	11:00-3:30		484
GIRLS OPT C	22.5	2:45-7:15	2:30-7:00	2:30-7:00	2:30-7:00	2:45-7:15			484
GIRLS OPT D	21.75	4:15-8:30		4:30-9:00	4:15-8:45	5:00-9:00	12:00-4:30		477
GIRLS OPT E	17		4:30-9:00	4:30-9:00	5:00-9:00		8:00-12:00		425
GIRLS OPT F	16.25	5:15-9:15	4:45-9:00		5:00-9:00	5:00-9:00			418
GIRLS HMSC A	21.75	12:00-4:30	12:30-5:00	12:30-4:45	12:45-5:15	12:30-4:30			477
GIRLS HMSC B	16	12:00-4:00	12:30-4:30	12:30-4:30		12:30-4:30			415
GIRLS COMP A	16		4:45-8:45	5:00-9:00		5:00-9:00	8:00-12:00		415
GIRLS COMP B	14.5	5:30-9:00			5:00-9:00	5:00-8:30	11:30-3:00		390
GIRLS COMP C	12	6:00-9:00		5:45-8:45	5:30-8:30		8:00-11:00		360
GIRLS PRE A	6	6:45-8:45		4:30-6:30			1:30-3:30		292
GIRLS PRE B	6	4:45-6:45	5:00-7:00				11:30-1:30		292
TNT									
TNT GROUP A	13	4:30-6:30	4:30-7:30	4:00-7:00	4:00-7:00		11:00-1:00		372
TNT GROUP B	7.5			7:00-9:30	7:00-9:30	7:00-9:30			308
TNT GROUP C	5					4:30-6:30	1:30-4:30		282
TNT PRE TEAM	2	4:30-6:30							210
XCEL									
XCEL A Diamond	8	7:00-9:30		7:00-9:30				1:00-4:00	314
XCEL B Platinum 1	7.5	4:30-7:00			7:00-9:30			4:00-6:30	308
XCEL C Platinum 2	7.5			7:30-9:30		7:00-9:30		10:00-1:00	308
XCEL XTRA (A,B,C)	2.5		7:00-9:30						85
XCEL D Gold 1	7	7:30-9:30			4:15-7:00			10:00-12:15	302
XCEL E Gold 2	7		4:30-7:00	4:30-7:00				12:45-2:45	302
XCEL F Silver	5					4:30-7:00		2:45-5:15	282
Cheer									
Cheer Heart	3			4:30-6:00				11:30-1:00	142
Cheer Purpose	4			5:00-7:00			1:00-3:00		162
Cheer Virtue	6		5:00-7:00		5:00-7:00		11:00-1:00		190
Cheer Fearless	6			7:00-9:00		7:00-9:00		11:00-1:00	190
Cheer Prestige	6	7:00-9:00				5:00-7:00		3:00-5:00	190
Cheer Integrity	6		7:00-9:00		7:00-9:00			1:00-3:00	190
Cheer Believe	6	5:00-7:00					9:00-11:00	X-OVER ONLY	+50