

2019-20 Capital Gymnastics Optional Competition Schedule

DATE	MEET	Levels	MEET LOCATION
NOV. 23-24, 2019	Commonwealth Cup	6-8	Fredericksburg Expo Center: 2371 Carl D Silver Pkwy, Fredericksburg, VA
DEC. 13-15, 2019	Christmas on the Chesapeake	6-10	Baltimore Convention Center: One West Pratt Street, Baltimore, MD
JAN. 17-20, 2020	Hill's Maryland Classic	6- Elite	Prince George's Sports & Learning Complex 8001 Sheriff Road, Landover, MD 20785
FEB. 6-9 (10), 2020	Brestyan's Invitational	6- Elite	Westgate Resort 3000 Paradise Road, Las Vegas, NV 89109
MARCH 7-8, 2020	Shamrock Invitational	6-10	Virginia Beach Field House: 2020 Landstown Centre Way, Virginia Beach, VA
MARCH 20-22, 2020	L6-7 State Championship	6-7	Boo Williams Sportsplex: 5 Armistead Pointe Parkway, Hampton, VA
MARCH 27-29, 2020	L8,9,10 State Championship	8-10	Boo Williams Sportsplex: 5 Armistead Pointe Parkway, Hampton, VA
APRIL 16-19, 2020	L9-10 Regionals	9-10	Miller Center: 120 Hardwood Drive, Lewisburg, PA
APRIL 24-26, 2020	L8 Regionals	8	Big Sandy Superstore Arena: 1 Civic Center Plaza, Huntington, WV
MAY 8-10, 2020	L9 Eastern Championship	9	Battle Creek, MI
MAY 15-17, 2020	JO National Championship	10	The Tacoma Dome: 2727 East D Street, Tacoma, WA