



CAPITAL GYMNASTICS NATIONAL TRAINING CENTER

10400 Premier Ct., Burke, VA 22015 * 703-239-0044

Email: capitalgymnasticsntc@gmail.com Web: www.capitalgymnasticsntc.com

SUMMER CAMP 2018

Improve your skills . Make new friends . Have a blast!

PRESCHOOL

Girls and Boys / Mixed Ages 3yrs. - 4yrs.

Offered ONLY 3 weeks - Jul 9-13; Jul 23-27 and Aug 6-10

Monday through Friday 9:00 am – 12:00 noon

GYMNASTICS

Girls Ages 5 - 7 and 8 -12

Boys Ages 5 - 7 and 8 - 12

Monday through Friday 9:00 am – 12:00 noon

CHEER

Girls and Boys / Mixed

Ages 6 – 16

Monday through Friday 8:00 am – 11:00 am

TRAMPOLINE

Girls and Boys / Mixed

Ages 7 – 14

ONE WEEK ONLY - Jul 9 - 13

Monday through Friday 9:00 am – 12:00 noon

8 WEEKS OFFERED

June 25 - 29 * July 2 - 6 * July 9 - 13 * July 16 - 20
July 23 - 27 * July 30 - Aug 3 * Aug 6 - 10 * Aug 13 - 17

COST - \$185 Per Week

- Air Conditioned Facility
- Experienced Coaching Staff
- Pay for first 6 weeks, get 7th & 8th week free for same camper.
- Campers should bring light snack and healthy drink each day.
- July 2 – 6 week is prorated for July 4th (\$148.00)
- Enroll during office hours or download registration form from website and mail in w/check.

Call 703-239-0044 for more information