

**Capital Gymnastics NTC Men's Team
2018-2019 Competitive Meet Schedule**

Level 4 & 5

Date	Name	Location
Nov. 10-11, 2018	Harvest Meet	Capital Gymnastics NTC, Burke, VA
Dec. 8-9, 2018	Dave Brown Invitational	University of William & Mary, Williamsburg, VA
Jan. 4-6, 2019	Jerrell Steele Invitational	Richmond, VA
Jan. 18-20, 2019	Navy Gymnastics Challenge	Annapolis, MD
Feb. 22-24, 2019	Mid-Atlantic Invitational	University of Maryland, College Park, MD
Mar. 8-10, 2019	L5 VA State Championships	U-turn Sports, Richmond, VA
Apr. 5-8, 2019	L5 Region 7 Championships	Sportsplex Gymnastics, Landover, MD
Apr. 13-14, 2019	L4 VA State Championships	Williamsburg Gymnastics, Williamsburg, VA

Level 6

Date	Name	Location
Nov. 16-18, 2018	Tim Weaver	York, PA
Dec. 8-9, 2018	Dave Brown Invitational	University of William & Mary, Williamsburg, VA
Jan. 4-6, 2019	Jerrell Steele Invitational	Richmond, VA
Jan. 18-20, 2019	Navy Gymnastics Challenge	Annapolis, MD
Feb. 22-24, 2019	Mid-Atlantic Invitational	University of Maryland, College Park, MD
Mar. 8-10, 2019	L6 VA State Championships	U-turn Sports, Richmond, VA
Apr. 5-8, 2019	L6 Region 7 Championships	Sportsplex Gymnastics, Landover, MD

Date	Level 7, 8, 9, 10 Name	Jr. Developmental Location
Nov. 16-18, 2018	Tim Weaver	York, PA
Dec. 8-9, 2018	Dave Brown International	University of William & Mary, Williamsburg, VA
Jan. 4-6, 2019	Jerrell Steele Invitational	Richmond, VA
Jan. 18-20, 2019	Navy Gymnastics Challenge	Annapolis, MD
Feb. 1-3, 2019	Brian Babcock	Allentown, PA
Feb. 22-24, 2019	Mid-Atlantic Invitational	University of Maryland, College Park, MD
Mar. 8-10, 2019	L VA State Championships	U-turn Sports, Richmond, VA
Apr. 5-8, 2019	Region 7 Championships	Sportsplex Gymnastics, Landover, MD
Apr. 30-May 5, 2019	J.O. National Championship	Reno, NV